

SAL National Road Relays

Livingston

29-March 2015

Senior Women

	Stage 1		Stage 2		Stage 3		Stage 4	
1 Lothian RC (A)	20:08	14	55:03	8	1:13:53	4	1:46:29	1
	Yvonne Crilly (F40)	20:08	Edel Mooney (F40)	34:55	Jo Williams	18:50	Sarah Inglis	32:36
2 Fife AC (A)	18:26	2	55:15	10	1:13:10	1	1:47:08	2
	Annabel Simpson (FU20)	18:26	Sophie Mullins	36:49	Stephanie Pennycook (FU20)	17:55	Megan Crawford	33:58
3 Inverness H AAC (A)	17:59	1	54:37	5	1:14:31	5	1:48:19	3
	Mhairi MacIennan (FU20)	17:59	Sarah Liebnitz	36:38	Catriona Maree Fraser	19:54	Jenny Bannerman	33:48
4 Central AC (A)	19:11	9	54:16	3	1:14:54	7	1:49:00	4
	Natalie Milne	19:11	Fanni Gyurko	35:05	Claire Houston	20:38	Lyndsay Morrison	34:06
5 Hunters Bog T (A)	18:58	6	52:39	1	1:13:27	2	1:49:55	5
	Sarah Louise MacIsaac	18:58	Shona McIntosh	33:41	Mairead Kelly	20:48	Rachel Haines	36:28
6 Edinburgh University H&H (A)	19:06	8	55:43	12	1:15:17	8	1:50:37	6
	Ellie Buchan	19:06	Sophie Horrocks	36:37	Stephanie Lawrie	19:34	Sarah Douglas (FU20)	35:20
7 Shettleston H (A)	19:15	10	54:49	7	1:15:40	9	1:52:14	7
	Ruth Joss	19:15	Avril Mason (F40)	35:34	Charlene McCallum	20:51	Carole Setchell	36:34
8 Kilbarchan AAC (A)	19:27	12	53:15	2	1:14:37	6	1:53:35	8
	Sarah Dempsey (FU20)	19:27	Gemma Rankin	33:48	Jennifer Rooney	21:22	Catherine Stewart	38:58
9 Edinburgh AC (A)	19:03	7	55:10	9	1:13:30	3	1:53:57	9
	Lauren Stoddart	19:03	Amanda Woodrow	36:07	Freya Ross	18:20	Hannah Waugh	40:27
10 Garscube H (A)	21:25	19	56:30	13	1:19:02	13	1:57:24	10
	Marian Kelly	21:25	Lesley Chisholm (F40)	35:05	Ann White (F60)	22:32	Charlotte Wilson	38:22
11 Edinburgh University H&H (B)	20:40	15	58:12	14	1:18:42	12	1:57:36	11
	Iona Evans (FU20)	20:40	Bronagh Wishart (FU20)	37:32	Sophie Collins (FU20)	20:30	Amy Frankland (FU20)	38:54
12 Gala H (A) (F40)	21:04	17	59:35	17	1:20:47	15	2:00:20	12
	Gillian Duncan (F40)	21:04	Fiona Dalgleish (F40)	38:31	Rachel Fagan (F40)	21:12	Kate Jenkins (F40)	39:33
13 Lothian RC (B)	20:52	16	58:52	16	1:20:15	14	2:00:46	13
	Lana Turnbull	20:52	Jocelyn Moar	38:00	Mhairi Inglis	21:23	Christine Milne	40:31
14 Edinburgh AC (B)	22:26	24	1:01:07	18	1:22:16	16	2:02:13	14
	Sharyn Ramage (F50)	22:26	Lyndsey Fraser	38:41	Karen Dobbie (F45)	21:09	Mireille Captieux	39:57
15 Falkirk Victoria H (B)	18:42	4	1:02:44	20	1:25:52	20	2:05:48	15

	Megan Davidson	18:42	Fiona Thomson (F45)	44:02	Allison Christie (F40)	23:08	Tara Donnelly	39:56
16 Bellahouston H (A) (F40)	21:59	20	1:02:52	22	1:27:06	21	2:06:48	16
	Caroline Cochran (F40)	21:59	Erica Christie (F55)	40:53	Katy Smith (F40)	24:14	Bernadette O'Neil (F45)	39:42
17 Metro Aberdeen RC (B)	23:04	30	1:08:17	34	1:29:11	24	2:07:22	17
	Clare Russell (F40)	23:04	Alison Mathers (F 40)	45:13	Claire Barrie	20:54	Kayleigh Jarrett	38:11
18 Edinburgh University H&H (C)	22:57	28	1:02:24	19	1:23:36	17	2:07:57	18
	Amy Bristow (FU20)	22:57	Hazel Murray	39:27	Eliza Cottington (FU20)	21:12	Sarah Henderson	44:21
19 Corstorphine AAC (A)	22:50	27	1:05:06	24	1:27:34	22	2:08:52	19
	Janet Grigor (F45)	22:50	Megan Smith	42:16	Laura Forrester	22:28	Fiona Carver (F55)	41:18
20 Helensburgh AAC (A)	24:42	34	1:07:09	31	1:32:24	26	2:09:55	20
	Janet Fellowes (F55)	24:42	Michelle Hetherington (F50)	42:27	Laura Johnstone	25:15	Madeline Robinson (FU20)	37:31
21 Motherwell AC (A)	22:44	26	1:02:49	21	1:25:39	19	2:11:08	21
	Clare Barr (F45)	22:44	Emma Stevenson	40:05	Susan Stewart	22:50	Phyllis Hands (F55)	45:29
22 Bellahouston RR (A)	21:20	18	1:06:40	26	1:28:23	23	2:12:27	22
	Ciara Baxter	21:20	Madeline Smillie (F40)	45:20	Elaine Somerville (F40)	21:43	Jane Wild (F45)	44:04
23 Dundee RR AC (A)	26:46	38	1:06:55	29	1:33:06	29	2:16:23	23
	Kate McIntosh (FU20)	26:46	Jane Dunlop	40:09	Alison McIntosh (F55)	26:11	Rosie Doull	43:17
24 Kirkintilloch O (A)	23:30	32	1:06:05	25	1:32:43	27	2:22:42	24
	Angela Fenner (F45)	23:30	Elaine Hogg (F45)	42:35	Debs Lindsay (F50)	26:38	Michelle Humphreys (F40)	49:59
25 Bellahouston RR (B)	23:00	29	1:10:40	37	1:33:51	31	2:23:18	25
	Rose McRobert (F40)	23:00	Maree Shepherd	47:40	Hayley McCrorie	23:11	Jill Herbert	49:27
26 Bellahouston H (B)	25:07	35	1:07:45	32	1:35:05	32	2:23:54	26
	Kristina Greig	25:07	Janine Dickie	42:38	Carol Keenan (F55)	27:20	Laura Ritchie	48:49
27 Metro Aberdeen RC (A)	28:11	41	1:15:48	38	1:40:29	41	2:28:41	38
	Suzy Watson	28:11	Naomi Sharp	47:37	Kara McCurrach	24:41	Valerie Wilson	48:12
28 Giffnock North AAC (A)	29:24	42	1:06:50	27	1:33:49	30	2:29:16	28
	Susan Hancock (F60)	29:24	Mary McCutcheon (F50)	37:26	Terry Nimmo (F50)	26:59	Louise Shaw	55:27
29 Bellahouston H (C) (F40)	27:27	39	1:20:32	39	1:47:43	34	2:40:15	29
	Lisa Gilmore (F40)	27:27	Deirdre Hoyle (F60)	53:05	Gael McCallum (F40)	27:11	Carole Spy (F50)	52:32
Fife AC (B)	19:19	11	55:31	11	1:17:57	11		
	Amie McKimmie	19:19	Jennifer Kibble	36:12	Jennifer Cruickshanks	22:26		
Central AC (B) (F50)	23:18	31	1:04:09	23	1:25:33	18		
	Jane Waterhouse (F60)	23:18	Hazel Dean (F50)	40:51	Patricia Milne (F50)	21:24		
Hunters Bog T (B)	22:04	21	1:09:13	35	1:31:43	25		
	Katherine Golding	22:04	Abby White	47:09	Phyllis O'Brien (F55)	22:30		

Falkirk Victoria H (C)	22:17	22	1:09:45	36	1:35:14	33
	Louise Fields	22:17	Monica Anderson (F45)	47:28	Angela Colley (F40)	25:29
Ron Hill Cambuslang H (A)	18:48	5	54:24	4		
	Eve MacKinnon (FU20)	18:48	Katie Bristow	35:36		
Gala H (B)	22:42	25	58:44	15		
	Eileen Maxwell (F50)	22:42	Kirstin Maxwell	36:02		
Lothian RC (C)	27:34	40	1:06:53	28		
	Kirsty McMeechan	27:34	Christine MacVarish (F40)	39:19		
Calderglen H (A)	25:23	36	1:08:14	33		
	Alexandra Hayden	25:23	Frances Maxwell (F50)	42:51		
Kilmarnock H&AC (A)	18:31	3				
	Kara Tait	18:31				
Garscube H (B)	23:39	33				
	Martha Lovatt	23:39				
Kirkintilloch O (B) (F40)	26:44	37				
	Shirley MacNab (F45)	26:44				

W50 Championship

Falkirk Victoria H (A) (F50)	19:57	13	54:47	6	1:16:02	10
	Beryl Junnier (F50)	19:57	Fiona Matheson (F50)	34:50	Janette Stevenson (F65)	21:15
Central AC (B) (F50)	23:18	31	1:04:09	23	1:25:33	18
	Jane Waterhouse (F60)	23:18	Hazel Dean (F50)	40:51	Patricia Milne (F50)	21:24
Kirkintilloch O (C) (F50)	22:25	23	1:06:56	30	1:32:50	28
	Marie McChord (F55)	22:25	Ada Stewart (F50)	44:31	Pauline Younger (F50)	25:54

Fastest Times

Stephanie Pennycook (FU20)	Fife AC (A)	17.55	Sarah Inglis	Lothian RC (A)	32.36
Mhairi MacIannan (FU20)	Inverness H AAC (A)	17.59	Shona McIntosh	Hunters Bog T (A)	33.41
Freya Ross	Edinburgh AC (A)	18.20	Gemma Rankin	Kilbarchan AAC (A)	33.48
Annabel Simpson (FU20)	Fife AC (A)	18.26	Jenny Bannerman	Inverness H AAC (A)	33.48
Kara Tait	Kilmarnock H&AC (A)	18.31	Megan Crawford	Fife AC (A)	33.58
Megan Davidson	Falkirk Victoria H (B)	18.42	Lyndsay Morrison	Central AC (A)	34.06
Eve MacKinnon (FU20)	Ron Hill Cambuslang H (A)	18.48	Fiona Matheson (F50)	Falkirk Victoria H (A) (F50)	34.50
Jo Williams	Lothian RC (A)	18.50	Edel Mooney (F40)	Lothian RC (A)	34.55
Sarah Louise MacIsaac	Hunters Bog T (A)	18.58	Lesley Chisholm (F40)	Garscube H (A)	35.05
Lauren Stoddart	Edinburgh AC (A)	19.03	Fanni Gyurko	Central AC (A)	35.05

Ellie Buchan	Edinburgh University H&H (A)	19.06 Sarah Douglas (FU20)	Edinburgh University H&H (A)	35.20
Natalie Milne	Central AC (A)	19.11 Avril Mason (F40)	Shettleston H (A)	35.34
Ruth Joss	Shettleston H (A)	19.15 Katie Bristow	Ron Hill Cambuslang H (A)	35.36
Amie McKimmie	Fife AC (B)	19.19 Kirstin Maxwell	Gala H (B)	36.02
Sarah Dempsey (FU20)	Kilbarchan AAC (A)	19.27 Amanda Woodrow	Edinburgh AC (A)	36.07
Stephanie Lawrie	Edinburgh University H&H (A)	19.34 Jennifer Kibble	Fife AC (B)	36.12
Catriona Maree Fraser	Inverness H AAC (A)	19.54 Rachel Haines	Hunters Bog T (A)	36.28
Beryl Junnier (F50)	Falkirk Victoria H (A) (F50)	19.57 Carole Setchell	Shettleston H (A)	36.34
Yvonne Crilly (F40)	Lothian RC (A)	20.08 Sophie Horrocks	Edinburgh University H&H (A)	36.37
Sophie Collins (FU20)	Edinburgh University H&H (B)	20.30 Sarah Liebnitz	Inverness H AAC (A)	36.38
Claire Houston	Central AC (A)	20.38 Sophie Mullins	Fife AC (A)	36.49